



American Heart Association®
Heart Walk®

2020 Phoenix Heart Walk

Saturday, March 28, 2020 | Wesley Bolin Plaza Downtown Phoenix

Join thousands of walkers from the Greater Phoenix area as they step out to have fun, get inspired, & support a meaningful cause! The Heart Walk is a 3 mile route and the Stroke Walk is a 1 mile route. **Participants are allowed to bring strollers, rollerblades, etc., but please be mindful of the large crowds, especially at the Start Line. Dogs are welcome and, by City of Phoenix law, must be on leash and cleaned up after.** We look forward to seeing you downtown!

Event Information

Date: Saturday, March 28, 2020
Location: Wesley Bolin Memorial Plaza 1700 W Washington St, Phoenix, AZ 85007
Time: 8:00am to 12:00pm
The Route: 3-mile Heart Walk and a 1-mile Stroke Walk

Join the **Number Crunchers Team** for the 2020 Phoenix Heart Walk! Together we can take a step toward improving our heart health while having fun! Members of the **Accounting & Financial Women's Alliance** and the **Institute of Management Accountants**, along with friends and family will participate in both the 3 mile and 1 mile routes. No matter your fitness level, there is an opportunity to participate in the walk and the festivities. Please visit <http://www2.heart.org/goto/numbercrunchers> to join or support the Number Crunchers Team! Contact Team Captain Laura Mangan at 480-276-5926 or afwamev@gmail.com.

